



# SUBSTANCE USE DISORDERS

## HOW HAS THE 4 'L'S' IMPACTED YOUR LIFE RELATED TO SUBSTANCE USE?

### LIVER

Are you exceeding the recommended dose of substances? Will this impact your liver, physical health & mental health & have any injuries occurred?



### LOVER

How often has the use of substances brought you into conflict with the people that you love and impacted those relationships?.

### LIFESTYLE / LIVELIHOOD

How often has use of substances impacted on your lifestyle e.g accommodation? finances? work? recreation? or education?



### LEGAL

How often has your use of substances brought you into contact with the law, either criminally or civilly?

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